

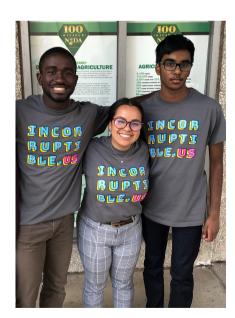
# 2019

## **ANNUAL REPORT**



Empower Somerset was honored to receive a Resolution from the our Somerset County Board of Chosen Freeholders commemorating the organization's 45 years of service to the community.

(L-R): Carolann DeMatos, Brenda Esler, 2019 Freeholder Director Brian D. Levine, Doris Zampella, Phil Decker, Daniel Puntillo



Youth Advisory Board student leaders testified at a NJ
Department of Health public health hearing in Trenton
on encouraging a ban on flavored e-cigarette
products that appeal to youth.

(L-R): Daniel Duncan, Nicole Villegas,
Siddharth Vecham

Dear Friends,

We are pleased to present EmPoWER Somerset's 2019 Annual Report in reflection of many achievements over the last year. We celebrated our 45th anniversary with a ceremonial resolution presented by the Somerset County Board of Chosen Freeholders. We are proud to have trained over 300 people in Mental Health First Aid in 2019, and look forward to continuing this important education. The year concluded with the addition of an exciting initiative called S-BIRT, Screening, Brief Intervention and Referral to Treatment, an effective prevention strategy to discover risky behaviors early. We look forward to partnering with health and education professionals in the community to expand this practice. We are so grateful for the continued support and contributions of our caring staff, EmPoWER Somerset Board of Directors, Family Success Center Parent Advisory Board, EmPoWER volunteers and our many community partners. We are excited to share our memories and achievements from 2019 and look forward to continuing to serve the community in 2020!

Sincerely,

Brenda M. Esler Executive Director

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Standing (L-R): Tim Wolf, Kristen Schiro, Katie Hoben, Cheryl Rinaldi, Josh Wolf, Aarti Patel, Jennifer Gomez Seated (L-R): Kim Petro-Orlik, Brenda Esler, Ellen Dazet, Bethzabe Fernandes, Jessica Dale



203

WEEKLY SESSIONS OF EVIDENCE-BASED PROGRAMS

**619 YOUTH** & **ADULTS** 



**PARTICIPATED** 

**75 VETERANS** 

**PARTICIPATED** 



PI@NEER Family Success Center

276

1,119





INDIVIDUALS WERE SERVED THROUGH PROGRAMS OR

RECEIVED

FAMILIES

**GUIDANCE TO** attended Family RESOURCES IN

Fun Night events

THE COMMUNITY

#### A SPECIAL THANK YOU TO OUR FUNDERS

NJ Department of Children and Families

NJ Department of Health

NJ Department of Human Services NJ Prevention Network

Somerset County Office on Aging

Substance Abuse and Mental Health

Services Administration Unity Bank

27 Mental Health First Aid Trainings, including:



2 Adult Trainings, 2 Veteran Trainings



21 Youth Trainings, 2 Facilitated in Spanish

**309** 



**PARTICIPANTS WERE** TRAINED THROUGH MENTAL **HEALTH FIRST AID** 



4,228

STUDENTS SERVED IN SCHOOL HEALTH PROGRAMS

**607** 



STAFF MEMBERS IMPACTED THROUGH SCHOOL HEALTH PROGRAMS

### PARENT ADVISORY BOARD

Margaret Brown-Stansbury Wade Fritzinger Beth Kavanaugh Isbael Lacouture

#### **BOARD OF TRUSTEES**

Phil Decker Carolann DeMatos Joseph Esposito Marcie Fiorentino Gabriela Gomes Janet Kuebler Dan Puntillo Shubha Ramaswamy Christine Henderson Rose Scott Torgrimsen Doris Zampella

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