

# START

**Steps To Action Recovery Treatment**

**Sponsored By**

**Robert Wood Johnson | RWJBarnabas**  
**University Hospital** | **HEALTH**  
**Somerset**



## **What's in this Document?**

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## START FAQs

What is the purpose of this packet? Why am I receiving it?

This packet is designed to provide help and information for people in need of treatment for addiction. This packet is being distributed to people who have been impacted personally by addiction or substance abuse. This information may be helpful to you or to a loved one.

Why do I need treatment now?

If you have just overdosed, you are at the greatest possible risk of overdosing again. If you have not overdosed, treatment may prevent you from experiencing an overdose or other negative consequences.

What is in the packet?

The packet contains information on treatment resources for addiction and mental health that can help individuals and their family members.

Will I get in trouble if I don't open it/use it?

No – but help is available to stop the destructive cycle of addiction that you may be experiencing.

Is the Narcan training really free? Who can go? When are the sessions? What is involved? How do I sign up?

Yes, the Narcan trainings are really free. Anyone can attend. This is especially helpful for someone who is at risk of an opioid/heroin overdose and/or their friends and family. The sessions are on the first Wednesday and second Thursday of the month (see flyer in packet for details). Attendees will also receive a free Narcan kit and a voucher for free treatment. To sign up, call 908-722-1232.

**I do not have health insurance** but need immediate treatment. How do I figure out where to go?

Even without health insurance, many people with a lower income level are eligible for very low cost or free treatment. Call the NJ Addiction Services Hotline (included in packet) at 1-844-276-2777. They will assess your needs and look at your income to assist in referring you to the best, most-effective treatment option available.

**I have Medicaid** and need immediate treatment. How do I figure out where to go?

Call the NJ Addiction Services Hotline (included in packet) at 1-844-276-2777. They will assess your needs and link you to a local provider that accepts Medicaid.

**I have Medicare** and need immediate treatment. How do I figure out where to go?

Call Medicare at 1-800-633-4227. They will assess your needs and link you to a local provider that accepts Medicare.

**I have private health insurance** and need immediate treatment. How do I figure out where to go?

Each health insurance company differs in its services. Call the Membership Services telephone number, found on your insurance card, to receive a referral to a local treatment provider that accepts your insurance.

I have questions or comments about this packet. How can I give feedback about it? Will anyone be able to tell that I answered it/track me?

Completing the survey will allow us to know how many packets are being received and utilized and also to see which pieces of information are most helpful so that we can provide the most useful, efficient information to you.

You can provide your feedback to us by completing the enclosed survey online at

[www.tinyurl.com/STARTpacketsurvey](http://www.tinyurl.com/STARTpacketsurvey). You can also complete the survey or ask questions by calling Cheryl at EmPoWER Somerset at 908-722-4900.



**ON THE ROAD FOR RECOVERY**



**Connect with a  
Recovery Support  
Specialist  
at  
(908) 393-8888  
Mention Operation Helping Hand**



**<https://bit.ly/SomersetOHH>  
(additional resources online)**

# Where do I begin?

- 1 in 4 people live with a diagnosable mental health condition or substance use disorder.
- Substance use disorder affects all kinds of people, regardless of age, gender, race, religion, sexuality, income bracket, or life experience.
- Less than half seek help due to:
  - Stigma
  - Lack of knowledge
  - Cost
  - Availability
- Use this guide as a starting point for your own research and reference.
- Resources in this guide include:
  - Addiction & Crisis Hotlines
  - Community Providers
  - Support Groups
  - Education and Training
- Review these services and contact your insurance company to determine your benefits, deductible, and copay.
  - ▶ The **Department of Human Services** is here to help you or your loved one navigate an often complex system.
  - ▶ For more information, please contact Addiction Services Director, Lisa Federico, MA, LPC, LCADC at **(908) 704-6300**. For eligible residents who need help paying for treatment, this may be available.

## Where can I learn more?

Contact the **Somerset County Department of Human Services** for more information, referral to services, and navigation.

Lisa Federico, MA, LPC, LCADC  
Addiction Services Director  
lfederico@co.somerset.nj.us

**(908) 704-6300**

**YOU ARE NOT ALONE.**

### SCAN THE QR TO FIND

- Community Resources
- Local Advisory Council Meetings
- Intoxicated Driver Resource Center (IDRC) Class Information



### Division of Operations and Planning

27 Warren Street  
PO Box 3000  
Somerville, NJ 08876

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Board of County  
Commissioners



### A GUIDE TO

## Drug & Alcohol Treatment and Support Services

SOMERSET COUNTY DEPARTMENT  
OF HUMAN SERVICES

Office of Operations and Planning

Director: Michael Frost  
27 Warren Street  
Somerville, NJ 08876  
(908) 704-6300

## SUBSTANCE USE PREVENTION

Municipal Alliance Coordinator (908) 704-6305  
Somerset County Department of Human Services  
27 Warren Street • Somerville, NJ • 08876

EmPoWER Somerset (908) 782-3909  
Family Support Coordinator of Somerset  
4 Walter E. Foran Blvd. • Flemington, NJ • 08822

## ASSESSMENT AND REFERRAL

NJ Addiction Services Hotline (IME) (844) 276-2777  
*24 h/7 Assessment/Referral*

REACHNJ *24/7 Helpline* (844) 732-2465

## WITHDRAWAL MANAGEMENT (DETOX) AND SHORT-TERM RESIDENTIAL (REHAB)

New Hope Integrative Behavioral Health\* (732) 946-3030  
80 Conover Road • Marlboro Twp • NJ 07746  
*Adult, Young Adult, Youth \*County/State Funding Available*  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

Hackensack Meridian Health, Carrier Clinic (800) 933-3579  
252 Route 601 • Belle Mead, NJ • 08502  
*Adult, Young Adult*  
[www.princetonhcs.org](http://www.princetonhcs.org)

Recovery Centers of America-Raritan Bay (973) 722-4720  
Donald.hebert@recoverycoa.com  
[www.recoverycentersofamerica.com/locations/raritan-bay/](http://www.recoverycentersofamerica.com/locations/raritan-bay/)

## MEDICATION ASSISTED RECOVERY-METHADONE

Somerset Treatment Services\* (908) 722-1232  
118 West End Avenue • Somerville, NJ 08876  
*Adult \*Naloxone training available*  
[www.somersettservices.org](http://www.somersettservices.org)

New Hope Integrative Behavioral Health (732) 946-3030  
*(Open Door)\**

## FAMILY SUPPORT SERVICES

Pioneer Family Success Center (908) 722-4400  
50 Division Street, Suite 302 • Somerville, NJ • 08876  
[www.empowerfsc.com](http://www.empowerfsc.com)

Prevention Resources, Inc. (908) 782-3909  
Family Support Coordinator of Somerset  
4 Walter E. Foran Boulevard • Flemington, NJ • 08822  
[www.njprevent.com](http://www.njprevent.com)

## INTENSIVE OUTPATIENT AND OUTPATIENT PROGRAMS

Catholic Charities (908) 722-1881  
540 Route 22 East • Bridgewater, NJ • 08807  
*Adult, Adolescent, Child, Family, Co-Occurring*  
[www.ccdom.org](http://www.ccdom.org)

Family & Community Services\* (732) 356-1082  
339 W Second Street • Bound Brook, NJ • 08805  
*Adult, Adolescent, Child, Family, Co-Occurring*  
[www.fcsomerset.org](http://www.fcsomerset.org)

Richard Hall Community\* (908) 725-2800  
Health and Wellness Center  
500 North Bridge Street • Bridgewater, NJ • 08807  
*Adult, Adolescent, Family, Co-Occurring*

Somerset Treatment Services\* (908) 722-1232  
118 West End Avenue • Somerville, NJ • 08876  
*Adult, Co-Occurring*  
[www.somersettservices.org](http://www.somersettservices.org)

Roots to Recovery (732) 933-6403 x409  
984 Bergen Avenue • North Brunswick, NJ • 08902  
*\*County funding available*  
[www.cge-nj.org](http://www.cge-nj.org)

Stress Care of New Jersey (732) 679-4500  
61 Veronica Avenue • Somerset, NJ • 08873  
[www.stresscareclinic.com](http://www.stresscareclinic.com)

New Hope Integrated Behavioral Health Care (IBHC) *Open Door\**  
2-4 New & Kirkpatrick Streets • New Brunswick, NJ • 08901

## VETERAN SERVICES

Somerset County Veterans Services (908) 704-6329

Veteran's Administration (908) 647-0180 x4269  
Lyons Medical Center  
151 Knollcroft Road • Lyons, NJ • 07939

VA Substance Use Disorder Program (973) 676-1000  
385 Tremont Avenue • East Orange, NJ • 07018  
[www.newjersey.va.gov](http://www.newjersey.va.gov)

## RECOVERY SUPPORT SERVICES

Reach for Recovery (R4R) (908) 253-3119  
Richard Hall Community Health and Wellness Center  
500 North Bridge Street • Bridgewater, NJ • 08807  
*Linkage to recovery services, support groups*

Community in Crisis (973) 876-3378  
9 Church Street • Bernardsville, NJ • 07924  
[www.communityincrisis.org](http://www.communityincrisis.org)

## HALFWAY HOUSES

Turning Point, Anderson House (908) 534-5818  
532 Route 523 • Whitehouse Station, NJ • 08889  
*Adult-Female*  
[www.turningpointnj.org/Anderson-House](http://www.turningpointnj.org/Anderson-House)

Freedom House (908) 537-16043  
200 Sanatorium Road • Glen Gardner, NJ • 08826  
[www.freedomhousejnj.org](http://www.freedomhousejnj.org)

Phillip House (732) 870-8500  
190 Chelsea Avenue • Long Branch, NJ • 7740  
*Adult-Male*  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

Epiphany House – Asbury Park (732) 775-0702  
1110 Grand Avenue • Asbury Park, NJ • 07712  
*Adult Female & Adult Female with Dependent Children*  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

Epiphany House – Long Branch (732) 870-9113  
373 Brighton Avenue • Long Branch, NJ • 07740  
*Adult-Female*  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

## MOTHER-CHILD SUPPORTIVE HOUSING

The Center for Great Expectation (732) 247-7003 x355  
19-B Dellwood Lane • Somerset, NJ • 08873  
*Permanent supportive housing for pregnant and parenting adult and adolescent females with a substance use disorder and their children.*  
[www.cge-nj.org](http://www.cge-nj.org)

## TOBACCO ADDICTION SERVICES

Tobacco Quitcenter (908) 685-2442  
Robert Wood Johnson University Hospital  
RWJ Barnabas Health Somerset (*Steeplechase Cancer Center*)  
30 Rehill Avenue • Somerville, NJ • 08876  
[quitcenter@rwjbh.org](mailto:quitcenter@rwjbh.org)

## INTOXICATED DRIVERS RESOURCE CENTER

Intoxicated Driver Resource Center (908) 704-6304  
27 Warren Street • Somerville, NJ • 08876  
*Mandated program for individuals with a convicted offense for driving or boating under the influence of a substance; Referrals from the State of New Jersey-Intoxicated Driving Program.*



# ¿Dónde Empiezo?

- 1 de cada 4 personas vive con una condición de salud mental diagnosticable o un trastorno por uso de sustancias.
- El trastorno por uso de sustancias afecta a todo tipo de personas, independientemente de su edad, género, raza, religión, sexualidad, nivel de ingresos o experiencia de vida.
- Menos de la mitad busca ayuda debido a:
  - Estigma
  - Falta de conocimiento
  - Costo
  - Disponibilidad
- Utilice esta guía como punto de partida para su propia investigación y referencia.
- Los recursos de esta guía incluyen:
  - Líneas directas de adicción y crisis
  - Proveedores de la comunidad
  - Grupos de apoyo
  - Educación y entrenamiento
- Revise estos servicios y comuníquese con su compañía de seguros para determinar sus beneficios, deducible y copago.
  - ▶ El **Departamento de Servicios Humanos** está aquí para ayudarlo a usted o a su ser querido a navegar por un sistema a menudo complejo.
  - ▶ Para los residentes elegibles que necesitan ayuda para pagar el tratamiento, esto puede estar disponible. Comuníquese al **(908) 704-6300** para obtener más información.

## ¿Dónde Puedo Aprender Más?

Comuníquese con el **Departamento de Servicios Humanos del Condado de Somerset** para obtener más información, referencias a servicios y navegación.

Michael J. Frost, LCSW, ACSW  
*Director de Servicios Humanos*  
humanservices@co.somerset.nj.us  
**(908) 704-6300**

## NO ESTÁS SOLO.

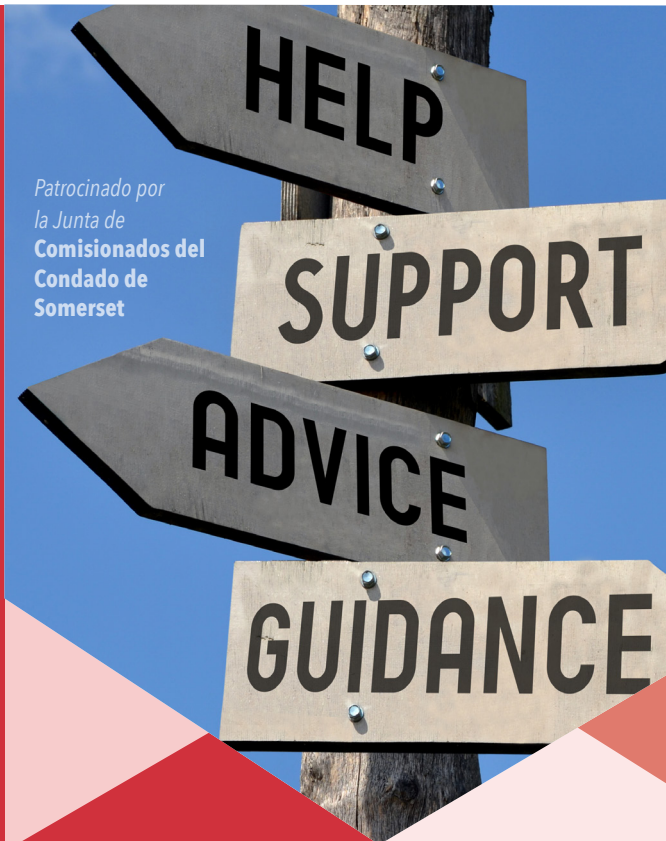
ESCANEA ESTE CÓDIGO QR PARA ENCONTRAR:

- Recursos comunitarios
- Reuniones del Consejo Consultivo Local
- Información de Clase del Centro de Recursos para Conductores Intoxicados (IDRC)



**División de Operaciones y Planificación**  
27 Warren Street  
PO Box 3000  
Somerville, NJ 08876

Patrocinado por  
la Junta de  
Comisionados del  
Condado de  
Somerset



## GUÍA DE Servicios de Apoyo y Tratamiento de Drogas y Alcohol

DEPARTAMENTO DE SERVICIOS  
HUMANOS DEL CONDADO DE SOMERSET

Patrocinado por:  
La Junta de Comisionados del  
Condado de Somerset  
Director: Michael Frost  
27 Warren Street  
Somerville, NJ 08876  
(908) 704-6300

## PREVENCIÓN DEL USO DE SUSTANCIAS

Coordinador de la Alianza Municipal (908) 704-6305  
Departamento de Servicios Humanos del Condado de Somerset  
27 Warren Street • Somerville, NJ • 08876

EmPoWER Somerset (908) 722-4900  
50 Division Street, Suite 302 • Somerville, NJ • 08876  
[www.empowersomerset.com](http://www.empowersomerset.com)

Recursos de Prevención, Inc. (908) 782-3909  
Coordinadora de Apoyo Familiar de Somerset  
4 Walter E. Foran Boulevard • Flemington, NJ • 08822  
[www.njprevent.com](http://www.njprevent.com)

## EVALUACIÓN Y REFERENCIA

Línea Directa de Servicios de Adicción de NJ (IME) (844) 276-2777  
24 horas/7 días a la semana para evaluación/referencia

REACHNJ (844) 732-2465  
Línea de ayuda para el uso de sustancias las 24 horas, los 7 días de la semana

## MANEJO DE RETIROS (DESINTOXICACIÓN) & RESIDENCIAL A CORTO PLAZO (REHABILITACIÓN)

Salud Conductual Integradora de New Hope\* (732) 946-3030  
80 Conover Road • Marlboro Township, NJ • 07746  
Adulto, Adolescente, Juventud \*Condado/Financiación estatal disponible  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

Clínica Meridian Carrier de Hackensack (800) 933-3579  
252 Route 601 • Belle Mead, NJ • 08502  
Adulto, Adolescente  
[www.carrierclinic.org](http://www.carrierclinic.org)

Penn Medicine, Salud Conductual de Princeton House (800) 242-2550  
905 Herrontown Road • Princeton • NJ 08540  
Adulto, Adolescente  
[www.princetonhcs.org](http://www.princetonhcs.org)

## RECUPERACIÓN ASISTIDA CON MEDICAMENTOS-METADONA

Servicios de Tratamiento de Somerset\* (908) 722-1232  
118 West End Avenue • Somerville, NJ 08876  
Capacitación disponible sobre \*naloxona para adultos  
[www.somersettservices.org](http://www.somersettservices.org)

Atención Integrada de Salud Conductual de New Hope (IBHC)\* Puerta abierta\* (732) 946-3030

## SERVICIOS DE APOYO FAMILIAR

Centro de Éxito Familiar Pioneer (908) 722-4400  
50 Division Street, Suite 302 • Somerville, NJ • 08876  
[www.empowerfsc.com](http://www.empowerfsc.com)

Recursos de Prevención, Inc. (908) 782-3909  
Coordinadora de Apoyo Familiar de Somerset  
4 Walter E. Foran Boulevard • Flemington, NJ • 08822  
[www.njprevent.com](http://www.njprevent.com)

## PROGRAMAS PARA PACIENTES AMBULATORIOS Y INTENSIVOS

Caridades Católicas (908) 722-1881  
540 Route 22 East • Bridgewater, NJ • 08807  
Adulto, Adolescente, Niño, Familia, Concurrente  
[www.ccdom.org](http://www.ccdom.org)

Servicios Familiares y Comunitario\* (732) 356-1082  
339 W Second Street • Bound Brook, NJ • 08805  
Adulto, Adolescente, Niño, Familia, Concurrente  
[www.fcsomerset.org](http://www.fcsomerset.org)

Centros de Alto Enfoque\* (800) 877-3628  
3322 Route 22 West, Bldg. #14 • Branchburg, NJ • 08876  
Adulto, Concurrente  
[www.highfocuscenters.com](http://www.highfocuscenters.com)

Comunidad de Richard Hall\* (908) 725-2800  
Centro de Salud y Bienestar  
500 North Bridge Street • Bridgewater, NJ • 08807  
Adulto, Adolescente, Familia, Concurrente

Servicios de Tratamiento de Somerset (908) 722-1232 x118  
West End Avenue • Somerville, NJ • 08876  
Adulto, Concurrente  
[www.somersettservices.org](http://www.somersettservices.org)

El Centro de Grandes Expectativas\* (732) 993-6403 x404  
123 How Lane • New Brunswick, NJ • 08901  
Adulto, Concurrente  
[www.cge-nj.org](http://www.cge-nj.org)

Cuidado del Estrés de Nueva Jersey\* (732) 679-4500  
61 Veronica Avenue • Somerset, NJ • 08873

Atención Integrada de Salud Conductual de New Hope (IBHC)  
2-4 New & Kirkpatrick Streets • New Brunswick, NJ • 08901  
Puerta abierta\*

## SERVICIOS PARA VETERANOS

Servicios para Veteranos del Condado de Somerset (908) 704-6329

Administración de Veteranos (908) 647-0180 x4269  
Centro Médico de Lyons  
151 Knollcroft Road • Lyons, NJ • 07939

Programa de Trastorno por Uso de Sustancias de VA (973) 676-1000  
385 Tremont Avenue • East Orange, NJ • 07018  
[www.newjersey.va.gov](http://www.newjersey.va.gov)

\*\*Financiamiento del condado o estatal disponible

## SERVICIOS DE APOYO A LA RECUPERACIÓN

Centro Comunitario de Salud y Bienestar de Richard Hall (908) 253-3119  
Alcance la Recuperación (R4R)  
500 North Bridge Street • Bridgewater, NJ • 08807  
Enlaces a los servicios de recuperación, grupos de apoyo

Comunidad en Crisis (973) 876-3378

## CASAS DE MEDIO CAMINO

Turning Point, Casa Anderson (908) 534-5818  
532 Route 523 • Whitehouse Station, NJ • 08889  
Adulta-Mujer  
[www.turningpointnj.org/Anderson-House](http://www.turningpointnj.org/Anderson-House)

Casa Freedom (908) 537-6043  
200 Sanatorium Road • Glen Gardner, NJ • 08826  
[www.freedomhousenj.org](http://www.freedomhousenj.org)

Casa Phillip (732) 870-8500  
190 Chelsea Avenue • Long Branch, NJ • 07740  
Adulta-Hombre  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

Casa Epiphany – Asbury Park (732) 775-0720  
1110 Grand Avenue • Asbury Park, NJ • 07712  
Mujer adulta y mujer adulta con hijos dependientes  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

Casa Epiphany – Long Branch (732) 870-9113  
373 Brighton Avenue • Long Branch, NJ • 07740  
Adulta-Mujer  
[www.newhopeibhc.org](http://www.newhopeibhc.org)

## ALOJAMIENTO DE APOYO PARA MADRE-HIJO

El Centro de Grandes Expectativas\* (732) 247-7003 x355  
19-B Dellwood Lane • Somerset, NJ • 08873  
Vivienda de apoyo permanente para mujeres adultas y adolescentes embarazadas y madres con un trastorno por consumo de sustancias y sus hijos.  
[www.cge-nj.org](http://www.cge-nj.org)

## SERVICIOS DE ADICCIÓN AL TABACO

Centro de Dejar de Fumar Tabaco (908) 685-2442  
Robert Wood Johnson University Hospital  
RWJ Barnabas Health Somerset (Steeplechase Cancer Center)  
30 Rehill Avenue • Somerville, NJ • 08876  
Email: [quitcenter@rwjbh.org](mailto:quitcenter@rwjbh.org)

## CENTRO DE RECURSOS PARA CONDUCTORES INTOXICADOS

Centro de Recursos para Conductores Intoxicados (908) 704-6304  
27 Warren Street • Somerville, NJ • 08876  
Programa obligatorio para personas con un delito condenado por conducir o navegar bajo la influencia de una sustancia; Referencias del estado de Nueva Jersey-Programa de conducción bajo los efectos del alcohol.



# What services are available to me?

The mission of the Somerset County Department of Human Services is to improve the quality of life of all county residents by promoting their economic, social, emotional, physical, and mental well-being and safety of residents and communities.

Through our ten divisions, we provide numerous programs and services designed to connect individuals and families the help they need for economic and health challenges.

Use this guide as a starting point for your own research and reference.

The Department of Human Services is here to help you or someone you know navigate our system.

All phone numbers in this brochure have a **908 area code** unless otherwise indicated

OFFICE OF OPERATIONS & PLANNING	704-6300
OFFICE OF VOLUNTEER SERVICES	704-6358
RUTGERS COOPERATIVE EXTENSION	526-6295
OFFICE ON AGING & DISABILITY SERVICES	704-6346
OFFICE OF VETERAN SERVICES	704-6329
OFFICE OF YOUTH SERVICES	704-6333
ONE STOP CAREER TRAINING SERVICES CENTER	541-5780
COMMUNITY DEVELOPMENT	541-5756
RICHARD HALL COMMUNITY HEALTH & WELLNESS CENTER	725-2800
JUVENILE INSTITUTIONAL SERVICES	704-6326
INTOXICATED DRIVER RESOURCE CENTER	704-6304

## Where can I learn more?

Contact the **Somerset County Department of Human Services** for more information, referral to services, and navigation.

humanservices@co.somerset.nj.us

**(908) 704-6300**

## YOU ARE NOT ALONE.

### SCAN THE QR CODE TO FIND:

- Information on Each Division
- Community Resources
- Department Newsletter



### EMERGENCY HOTLINES

Hotlines are 24hours / 7 days unless otherwise indicated

AIDS/STD information and referrals	(800) 624-2377
America Red Cross	(800) 733-2767
Child Abuse	(877) 652-2873
Compulsive Gambling	(800) 426-2537
Domestic Violence (Call/Text)	(866) 685-1122
Elder Abuse	526-8800
	(After hours, call local police or 911)
Food	526-8800
Homeless Information and Referrals	211
NJ Addiction Services Hotline	(844) 276-2777
Psychiatric Screening	526-4100
Police (for Emergencies Only*)	911
Sexual Assault	526-7444
Suicide Helpline	988
Utility Assistance-Information and Referrals	211

**\*FOR NON-EMERGENCIES, DIAL 526-2500**

**OR CHECK YOUR LOCAL LISTING**

For contact information for other assistance providers in your area: Dial 211

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Board of County  
Commissioners



## NEED HELP?

### A GUIDE TO

# Reach Out for Services

SOMERSET COUNTY DEPARTMENT  
OF HUMAN SERVICES

Office of Operations and Planning

Director: Michael Frost

27 Warren Street • Somerville, NJ 08876

(908) 704-6300

Fax: (908) 704-1629



**FOOD**

Board of Social Services	526-8800
SNAP (formerly Food Stamps)	838-4831
Food Bank Network	(732) 560-1813
Raritan Food Pantry	824-5003
Feeding Hands, Inc.	357-4522
Franklin Food Bank	(732) 246-0009
Samaritan Homeless Interim program (SHIP)	393-9545
Women, Infants & Children (WIC)	685-8282

**HEALTH/MEDICAL**

Community Visiting Nurse Association	725-9355
Samaritan Homeless Interim Program (SHIP) <i>Eye Clinic and Medical</i>	393-9545
Zarephath Health Center	(732) 537-0737
Zufall Health Center in Somerville	526-2335
Visiting Nurse Association of Somerset Hills	766-0180

**RENT/UTILITY ASSISTANCE**

Please note that funding and eligibility are limited.

Board of Social Services	526-8800
Catholic Charities	722-1881
NORWESCAP	454-4778

**HOUSING/SHELTER**

Board of Social Services <i>After Hours</i>	526-8800 (800) 287-3607
Central Jersey Housing Resource Center	446-0036
Cooperative Housing Corporation <i>Low-Cost Housing for Seniors</i>	526-8130
HomeSharing	526-4663
HOME of Somerset County	704-1920
Veterans' Administration	647-0180 x4217
Samaritan Homeless Interim Program (SHIP)	393-9545
Safe+Sound Somerset <i>Victims of Domestic Abuse</i>	(866) 685-1122

Visions and Pathways 526-6605  
*Youth Shelter*

**DRUG & ALCOHOL TREATMENT AND SUPPORT SERVICES**

Community in Crisis	(973) 876-3378
Reach for Recovery (R4R)	253-3119
Somerset Treatment Services	722-1232
Assessment and Referral NJ Addiction Services Hotline (IME) <i>24/7 Assessment/Referral</i>	(844) 276-2777
REACHNJ 24/7 Helpline	(844) 732-2465

**MENTAL HEALTH SERVICES**

All mental health services for uninsured persons under age 21 should be referred by Perform Care.

PerformCare	(877) 652-7624
Bridgeway PESS Psychiatric Emergency Screening Services	782-3909
Catholic Charities	722-1881
The Center for Great Expectations <i>Pregnant or Parenting Females</i>	(855) 467-3548

Jewish Family Services	725-7799
Princeton House Behavioral Health	(888) 437-1610
Robert Wood Johnson University Hospital	(800) 300-0628
Richard Hall Community Health & Wellness Center	725-2800
Self-Help Group Referrals	(800) 367-6274

**SENIOR SERVICES**

Adult Day Center of Somerset	725-0068
NJ Division of Aging Services <i>Pharmaceutical and hearing aid assistance</i>	(800) 792-9745
Catholic Charities	722-1881
Community Visiting Nurse Association	725-9355
Jewish Family Services	725-7799
Visiting Nurse Association of Somerset Hills <i>In-home Health and Adult Day Center</i>	766-0180

**CHILD CARE & YOUTH SERVICES**

Community Child Care Solutions	927-0869
The Learning Gate	722-6789
Martin Luther King Youth Center	526-3688
Middle Earth	725-7223
NJ Child Protection and Permanency	526-5030
Somerset Community Action Program	(732) 848-8888
Visions and Pathways	526-6605

**DISABILITY SERVICES**

Alternatives, Inc.	685-1444
The Arc of Somerset	725-8544
Commission for Blind & Visually Impaired	(732) 308-4001
NJ Div. Deaf and Hard of Hearing (V/TTY)	(800) 792-8339
Somerset Children's Center	725-2366

**CLOTHING & HOUSEHOLD ITEMS**

Fish, Inc.	725-5556
Samaritan Homeless Interim Program (SHIP)	393-9545
My Neighbor's Boutique	(732) 560-4001

**VARIOUS/OTHER**

EmPoWER Somerset	722-4900
Legal Services of Northwest Jersey	231-0840
Board of Social Services	526-8800
National Alliance on Mental Illness (NAMI)	296-3732



# ¿Cuales servicios están disponibles para mi?

La misión del Departamento de Servicios Humanos del Condado de Somerset es mejorar la calidad de vida de todos los residentes del condado promoviendo el bienestar económico, social, emocional, físico y mental y la seguridad de los residentes y las comunidades.

A través de nuestras diez divisiones, ofrecemos muchos programas y servicios diseñados para conectar a individuos y familias con la ayuda que necesitan para los desafíos económicos y de salud.

Utilice esta guía como punto de partida para su propia investigación y referencia.

El Departamento de Servicios Humanos está aquí para ayudarlo a usted o a alguien que conozca a navegar por nuestro sistema.

Todos los números de teléfono en este folleto tienen un **código de área 908** a menos que se indique lo contrario

OFICINA DE OPERACIONES Y PLANIFICACIÓN	704-6300
OFICINA DE SERVICIOS VOLUNTARIOS	704-6358
EXTENSIÓN DE LA COOPERATIVA RUTGERS	526-6295
OFICINA DE SERVICIOS PARA ANCIANOS Y DISCAPACIDADES	704-6346
OFICINA DE SERVICIOS PARA VETERANOS	704-6329
OFICINA DE SERVICIOS JUVENILES	704-6333
CENTRO ONE-STOP DE SERVICIOS DE CAPACITACIÓN PROFESIONAL	541-5780
DESARROLLO COMUNITARIO	541-5756
CENTRO COMUNITARIO DE SALUD Y BIENESTAR RICHARD HALL	725-2800
SERVICIOS INSTITUCIONALES JUVENILES	704-6326
CENTRO DE RECURSOS PARA CONDUCTORES INTOXICADOS	704-6304

## ¿Dónde puedo aprender más?

Comuníquese con el **Departamento de Servicios Humanos del Condado de Somerset** para obtener más información, referencias a servicios, y navegación.

[humanservices@co.somerset.nj.us](mailto:humanservices@co.somerset.nj.us)

**(908) 704-6300**

**NO ESTAS SOLO.**

### ESCANEE EL CÓDIGO QR PARA ENCONTRAR:

- Información Sobre cada División
- Recursos de la Comunidad
- Boletín Informativo del Departamento



### LÍNEAS DIRECTAS DE EMERGENCIA

Las líneas directas funcionan las 24 horas, los 7 días de la semana, a menos que se indique lo contrario.

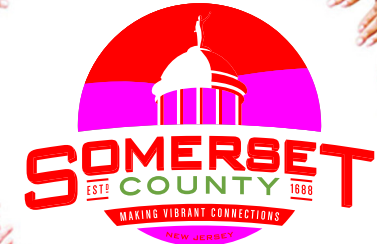
Información y Referencias Sobre SIDA/ETS	(800) 624-2377
Cruz Roja Americana	(800) 733-2767
Abuso Infantil	(877) 652-2873
Apuestas Compulsivas	(800) 426-2537
Violencia Doméstica (Llamada/Texto)	(866) 685-1122
Maltrato a Personas Mayores	526-8800
<i>(Después de horas, llame a la policía local o al 911)</i>	
Comida	526-8800
Información y Referencias para Personas sin Hogar	211
Línea Directa de Servicios de Adicción de NJ	(844) 276-2777
Evaluación Psiquiátrica	526-4100
Policía (solo para Emergencias*)	911
Agresión Sexual	526-7444
Línea de Ayuda de Suicidio	988
Asistencia de Servicios Públicos- Información y Referencias	211

**\*PARA NO EMERGENCIAS, LLAME AL 526-2500**

**CONSULTE SU LISTA LOCAL**

Para obtener información de contacto de otros proveedores de asistencia en su área: marque 211

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Comisionados del  
Condado de Somerset



## ¿NECESITAS AYUDA?

UN GUIA PARA  
BUSCAR SERVICIOS

## Departamento de Servicios Humanos del Condado de Somerset

Oficina de Operaciones y Planificación  
Director: Michael Frost  
27 Warren Street • Somerville, NJ 08876  
(908) 704-6300  
Fax: (908) 704-1629

**COMIDA**

Junta de Servicios Sociales	526-8800
SNAP (anteriormente Cupones para Alimentos)	838-4831
Red de Bancos de Alimentos (Food Bank Network)	(732) 560-1813
Despensa de Alimentos en Raritan	824-5003
Feeding Hands, Inc.	357-4522
Despensa de Alimentos en Franklin	(732) 246-0009
Programa Provisional Samaritano para Personas sin Hogar (Samaritan Homeless Interim Program (SHIP))	393-9545
Mujeres, Infantes y Niños (Women, Infants & Children (WIC))	685-8282

**SALUD/MEDICINA**

Asociación de Enfermeras Visitantes de la Comunidad (Community Visiting Nurse Association)	725-9355
Samaritan Homeless Interim Program (SHIP) Clínica Oftalmológica y Médica	393-9545
Centro de Salud Zarephath	(732) 537-0737
Centro de Salud Zufall en Somerville	526-2335
Asociación de Enfermeras Visitantes de Somerset Hills (Visiting Nurse Association)	766-0180

**ALQUILER/ASISTENCIA DE SERVICIOS PÚBLICOS**

Tenga en cuenta que los fondos y la elegibilidad son limitados.

Junta de Servicios Sociales	526-8800
Catholic Charities	722-1881
NORWESCAP	454-4778

**VIVIENDA/ALBERGUE**

Junta de Servicios Sociales Después de horas	526-8800 (800) 287-3607
Centro de Recursos de Vivienda de Jersey Central (Central Jersey Housing Resource Center)	446-0036
Corporación Cooperativa de Vivienda (Cooperative Housing Corporation) Vivienda de bajo costo para personas mayores	526-8130
HomeSharing	526-4663
HOME de Somerset County	704-1920
Administración de Veteranos	647-0180 x4217
Programa Interino Samaritano para Desamparados (Samaritan Homeless Interim Program (SHIP))	393-9545
Safe+Sound Somerset (Víctimas de Abuso Doméstico)	(866) 685-1122
Visions and Pathways (Refugio para Jóvenes)	526-6605

**SERVICIOS DE APOYO Y TRATAMIENTO DE DROGAS Y ALCOHOL**

Comunidad en Crisis	(973) 876-3378
Alcanzar la Recuperación (Reach for Recovery (R4R))	253-3119
Servicios de Tratamiento de Somerset	722-1232
Evaluación y Referencia Línea directa de servicios de adicción de NJ (IME) Evaluación/referencia 24/7	(844) 276-2777
REACHNJ 24/7 Línea de ayuda	(844) 732-2465

**SERVICIOS DE SALUD MENTAL**

Todos los servicios de salud mental para personas sin seguro menores de 21 años deben ser referidos por Perform Care.

PerformCare	(877) 652-7624
Bridgeway Servicios de Evaluación de Emergencias Psiquiátricas (Psychiatric Emergency Screening Services (PESS))	782-3909
Catholic Charities	722-1881
The Center for Great Expectations (Para Mujeres Embarazadas o con Hijos)	(855) 467-3548
Servicios Familiares Judíos	725-7799
Salud Conductual de Princeton House	(888) 437-1610
Hospital Universitario	(800) 300-0628
Robert Wood Johnson	
Centro Comunitario de Salud y Bienestar Richard Hall	725-2800
Referencias de Grupos de Autoayuda	(800) 367-6274

**SERVICIOS PARA MAYORES**

Centro de Día para Adultos de Somerset	725-0068
División de Servicios para Personas Mayores de NJ Asistencia farmacéutica y de audífonos	(800) 792-9745
Catholic Charities	722-1881
Asociación de Enfermeras Visitantes de la Comunidad (Community Visiting Nurse Association)	725-9355
Servicios Familiares Judíos	725-7799
Asociación de Enfermeras Visitantes de Somerset Hills (Visiting Nurse Association) Centro de día para adultos y salud en el hogar	766-0180

**SERVICIOS DE CUIDADO DE NIÑOS Y JÓVENES**

Soluciones de Cuidado Infantil Comunitario (Community Child Care Solutions)	927-0869
The Learning Gate	722-6789
Centro Juvenil Martin Luther King	526-3688
Middle Earth	725-7223
Protección y Permanencia de Niños de NJ	526-5030
Programa de Acción Comunitaria de Somerset	(732) 848-8888
Visions and Pathways	526-6605

**SERVICIOS DE DISCAPACIDAD**

Alternatives, Inc.	685-1444
The Arc of Somerset	725-8544
Comisión para Ciegos y Deficientes Visuales	(732) 308-4001
División de Nueva Jersey de Personas Sordas y con Dificultades Auditivas (V/TTY)	(800) 792-8339
Centro Infantil de Somerset	725-2366

**ROPA Y ARTÍCULOS DEL HOGAR**

Fish, Inc.	725-5556
Programa Interino Samaritano para Desamparados (Samaritan Homeless Interim Program (SHIP))	393-9545
Boutique de Mi Vecino (My Neighbor's Boutique)	(732) 560-4001

**VARIOUS/OTHER**

EmPoWER Somerset	722-4900
Servicios Legales del Noroeste de Jersey	231-0840
Junta de Servicios Sociales	526-8800
Alianza Nacional sobre Enfermedades Mentales (National Alliance on Mental Illness (NAMI))	296-3732



DEPARTMENT OF  
HUMAN SERVICES MISSION

To coordinate  
and facilitate the  
provision of services  
and programs,  
which work to  
address economic  
self-sufficiency  
and promote social  
wellbeing of  
county residents.



For more information  
contact your **Mayor** or  
**Governing Body.**

Somerset County Department of  
Human Services

**Ebeny J. Torres**  
*County Municipal Alliance Coordinator*

or **Lisa Federico**  
*Addiction Services Director*

**(908) 704-6300**

The Governor's Council on  
Alcoholism and Drug Abuse

**(609) 777-0526**

[www.co.somerset.nj.us/hservices](http://www.co.somerset.nj.us/hservices)

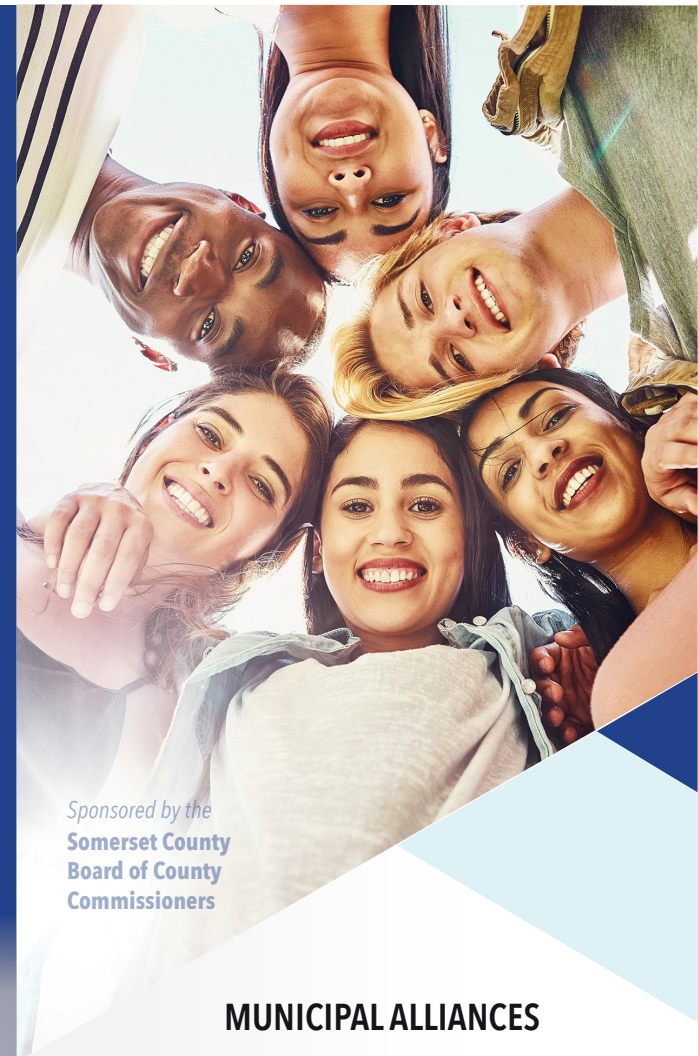
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**Division of Operations and Planning**  
27 Warren Street  
PO Box 3000  
Somerville, NJ 08876



*Sponsored by the*  
**Somerset County  
Board of County  
Commissioners**

**MUNICIPAL ALLIANCES**

## **For the Prevention of Substance Use**

**SOMERSET COUNTY DEPARTMENT  
OF HUMAN SERVICES**

**Office of Operations and Planning**  
Director: Michael Frost  
27 Warren Street  
Somerville, NJ 08876  
**(908) 704-6300**

## What is a Municipal Alliance?

A **Municipal Alliance** is a grassroots organization comprised of local citizens and community members interested in the prevention of drug and alcohol use.

Each municipality in New Jersey has the opportunity to organize a Municipal Alliance and receive state funding for substance use prevention programs from the Governor's Council on Alcoholism and Drug Abuse (GCADA).

## Who are they?

The Municipal Alliances are comprised of volunteers from the community who dedicate their time to develop and implement programs that are an integral part in preventing drug and alcohol use among their residents. These programs reach out to people of all ages in the areas of recreation, education, and community awareness.

Our members are representatives from several sectors of the community, including (but not limited to) law enforcement, local government, school counselors and staff, parents, youth, local business, faith-based organizations, and private citizens with interest or experience in these issues.

## Who are they?

Each municipality has a Municipal Alliance Committee (MAC) which collectively determines which programs to fund based on their community's needs.

Statewide, the Municipal Alliances exist in over 500 of New Jersey's municipalities offering over 2,000 prevention programs. Some examples of programs (either fully or partially funded) are:

### YOUTH PROGRAMMING

Programs for at-risk youth (**B Well, Boys Council, Girls Circle**); youth conferences and trainings (**Lindsey Meyer Teen Institute**), and peer leadership organizations such as **RAAD [Ridge Against Alcohol and Drugs]**, Youth Council, **SADD [Students Against Destructive Decisions]** and more.

### EDUCATION PROGRAMS

For parents, healthcare providers, educators, seniors, adolescents, children, and more.

Including (but not limited to) panel discussions, film screenings, interactive workshops, and more. Topics include parenting, cultural competence, drug trends, and mindfulness.

### COMMUNITY AWARENESS CAMPAIGNS

Aimed at educating others and reducing the stigma on substance use and mental health. Including (but not limited to) **Parents Who Host Lose the Most, It's 21 For A Reason, Overdose Awareness Day, Stigma-Free Somerset.**

### MENTAL HEALTH FIRST AID

An evidence-based course which helps individuals recognize signs and symptoms of mental health crisis, as well as how best to assist somebody in crisis.

.....  
To join your local alliance, contact:

**Ebeny J. Torres**

*Somerset County Alliance Coordinator*

**(908) 704-6305**

**etorres@co.somerset.nj.us**



**PREVENT SUBSTANCE USE**

MISIÓN DEL  
DEPARTAMENTO DE  
SERVICIOS HUMANOS

Coordinar y  
facilitar la provisión  
de servicios y  
programas que  
trabajen para  
abordar la  
autosuficiencia  
económica  
y promover  
labienestar de  
los residentes del  
condado.

 **GCADA**  
Governor's Council on  
ALCOHOLISM & DRUG ABUSE

Para mas Información Contacte  
el **Alcalde** de ciudad o el  
**Consejo de Administración.**

Somerset County Department of  
Human Services

**Ebeny J. Torres**  
*Coordinadora de la  
Alianza Municipal del Condado*

o **Lisa Federico**  
*Directora de Servicios de Adiccion*

**(908) 704-6300**

El **Consejo del Gobernador** sobre  
**Alcoholismo y Abuso de Drogas**

**(609) 777-0526**

[www.co.somerset.nj.us/hservices](http://www.co.somerset.nj.us/hservices)

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**División de Operaciones y Planificación**  
27 Warren Street  
PO Box 3000  
Somerville, NJ 08876



Patrocinado por  
la Junta de  
Comisionados del  
Condado de Somerset

**CONDADO DE SOMERSET**

**Para la Prevención de  
Uso de sustancias**

DEPARTAMENTO DE SERVICIOS HUMANOS DEL  
CONDADO DE SOMERSET

Oficina de Operaciones y Planificación  
Director: Michael Frost  
27 Warren Street  
Somerville, NJ 08876  
(908) 704-6300

## ¿Que es la Municipal Alliance?

La **Municipal Alliance** es una organización de base compuesta por ciudadanos locales y miembros de la comunidad interesados en la prevención del consumo de drogas y alcohol.

Cada municipio de Nueva Jersey tiene la oportunidad de organizar un Municipal Alliance y recibir fondos estatales para programas de prevención del uso de sustancias con Consejo del Gobernador sobre Alcoholismo y Abuso de Drogas (GCADA).

## ¿Quien Son?

Las Municipal Alliances están compuestas por voluntarios de la comunidad que dedican su tiempo a desarrollar e implementar programas que son una parte integral en la prevención del consumo de drogas y alcohol entre sus residentes. Estos programas son para personas de todas las edades en las áreas de recreación, educación y concienciación de la comunidad.

Nuestros miembros son representantes de varios sectores de la comunidad, incluyendo (pero no limitado a) la aplicación de la ley, el gobierno local, los consejeros escolares y el personal, padres, jóvenes, empresas locales, organizaciones basadas en la fe y ciudadanos privados con interés o experiencia en estos temas.

## ¿Que Hacen?

Cada municipio tiene un Comité de Municipal Alliance (MAC) que determina colectivamente qué programas financiar en función de las necesidades de su comunidad.

En todo el estado, los Municipal Alliances existen en más de 500 municipios de Nueva Jersey que ofrecen más de 2,000 programas de prevención. Algunos ejemplos de programas (total o parcialmente financiados) son:

### PROGRAMACIÓN JUVENIL

Programas para jóvenes en riesgo (**B Well, Boys Council, Girls Circle**); conferencias y capacitaciones juveniles (**Lindsey Meyer Teen Institute**), y organizaciones de liderazgo entre pares como **Youth Council** y más.

### PROGRAMAS DE EDUCACIÓN

Para padres, proveedores de médico, educadores, personas mayores, adolescentes, niños y más.

Incluyendo (pero no limitado a) mesas de discusión, proyecciones de películas, talleres interactivos y más. Los temas incluyen la crianza de los hijos, la competencia cultural, las tendencias de las drogas y la atención plena.

### CAMPAÑAS DE CONCIENCIACIÓN

Comunitaria, dirigidas a educar a los demás y reducir el estigma sobre el consumo de sustancias y la salud mental. Incluyendo (pero no limitado a) **Parents Who Host Lose the Most, It's 21 For A Reason, Overdose Awareness Day, Stigma-Free Somerset**.

### PRIMEROS AUXILIOS DE SALUD

Mental, un curso basado en evidencia que ayuda a las personas a reconocer los signos y síntomas de la crisis de salud mental, así como la mejor manera de ayudar a alguien en crisis.

Para unirse a su alianza local, comuníquese con:

**Ebeny J. Torres**

*Coordinadora de la Alianza del Condado de Somerset*

**(908) 704-6305**

**etorres@co.somerset.nj.us**



# PREVENIR EL CONSUMO DE SUSTANCIAS

## Narcotics Anonymous Meetings in Somerset County

For updated information visit [www.nanj.org](http://www.nanj.org) and click on [Na Meetings](#)

Day/Time	Type	Location
Monday 7:30 PM – 9:00 PM	O, D, S, NS	<i>Share the Solution</i> Presbyterian Church at Pluckemin - Trinity Room Entrance in back (gravel parking lot) 311 Rt. 202-206 North, Pluckemin, NJ 07978
Monday 7:30 PM – 9:00 PM	O, JFT, V, WC, NS, V	<i>Never Alone Never Again</i> 24 Club at 1860 House 124 Montgomery Avenue, Skillman, NJ, 08558
Tuesday 8:00 PM - 9:00 PM	O, D, JFT, WC, NS, VM	<i>Enough is Enough – on Zoom</i> <a href="https://zoom.us/j/84492087506">https://zoom.us/j/84492087506</a> Meeting ID 844 9208 7506, Dial In 646-558-8656, Password 712021
Tuesday 7:30 PM – 9:00 PM	O, D, NS	<i>No Substitutions</i> First United Methodist Church 48 W. High Street, Somerville, NJ, 08876
Wednesday 7:30 PM – 9:00 PM	O, WC, NS	<i>Keep Your Eye on the Prize</i> Bound Brook Presbyterian Church 409 Mountain Avenue, Bound Brook, NJ, 08805
Thursday 7:30 PM – 9:00 PM	O, D, S, Tp, WC, NS	<i>Give Yourself A Break</i> St. Martins Episcopal Church 1350 Washington Valley Rd, Martinsville, NJ, 08807
Friday 7:30 PM – 9:00 PM	O, NS	<i>New Beginnings</i> Bound Brook Presbyterian Church 409 Mountain Avenue, Bound Brook, NJ, 08805
Saturday 7:00 PM – 8:30 PM	O, D, S, Lc, VM	<i>Living Clean and Sharing the Solution – on Zoom</i> <a href="https://zoom.us/j/87445709301">https://zoom.us/j/87445709301</a> Meeting ID 874 4570 9301, Dial In 646-558-8656, Password 121212
Saturday 7:30 PM – 9:00 PM	O, S, St, NS	<i>Steppin on Saturday</i> First United Methodist Church 48 W. High Street, Somerville, NJ, 08876
Sunday 7:00 PM – 8:30 PM	C, S, St	<i>Acceptance Group</i> Holy Church of Christ Embury Hall 40 Mercer Ave, North Plainfield, NJ, 07060 (No parking in driveway)

### Meeting Type Descriptions

O - Open Meeting (anyone welcome)  
V – Varied  
JFT - Just for Today  
S – Speaker

D - Discussion  
Tp - Topic  
Lc – Living Clean  
St – Steps



## New Jersey 911 Lifeline Legislation

CALL 9-1-1 if you see the following signs of alcohol poisoning:

- Passing out, semi-conscious
- Cold, pale or bluish skin
- Vomiting
- Slow or irregular breathing
- Seizures

Purchasing, possessing or consuming alcohol is illegal for those under the Minimum Legal Drinking Age of 21. This legislation provides immunity from prosecution when the steps below are followed:

1. **Call for Help.** An underage person calls 911 and reports that another underage person is in need of medical assistance due to alcohol consumption. The underage person is the first person to make the 911 report.
2. **Stay with your Friend.** The underage person (and, if applicable, one or two others acting in concert with the underage person who made the 911 call) remains on the scene with the underage person in need of medical assistance.
3. **Talk with Authorities.** The underage person who called 911 and, if applicable, one or two others acting in concert with the caller, provide each of their names to the 911 operator and cooperate with medical assistance and law enforcement personnel on the scene.

*The underage person who is receiving medical assistance is also immune from prosecution. This immunity applies to public and private property.*

## Overdose Prevention Act (Good Samaritan Law)

**Don't Run  
Call 911**

New Jersey's  
Overdose  
Prevention Bill  
Will Protect you

Passed April 29, 2013

New Jersey Gov. Chris Christie signed a law that encourages people to report drug overdoses without fear of being arrested. Under the law, those who call 911 to report overdoses will be immune from arrest and prosecution for drug possession. The law also applies to the person overdosing.

This Act is designed to encourage overdose victims and witnesses to seek medical assistance in the event of an overdose emergency. Although effects of a drug overdose can be reversible with prompt medical attention, studies show that help is rarely sought in these situations. By guaranteeing limited legal protection from arrest and prosecution, this law eliminates fear as a major barrier for seeking help.

Sponsored by:



To help prevent Rx drug addiction, dispose of unused/expired medication in a permanent Rx drop-off box. For locations, visit [www.safecoalition.org](http://www.safecoalition.org) and click on the Rx button. For more information regarding this card, please contact the Safe Communities Coalition at 908-782-3909.



## Somerset County Prescription Drop Box

Address	Located
<p>1. Somerset County Sheriff's Office 20 Grove Street, Somerville, NJ 08876 (908)-231-7140</p>	<p>Plaza entrance: walk straight ahead towards the right, Drop Box is outside the sheriff's office.</p> <p>Main administrative entrance: head downstairs and Drop Box is to your left outside the sheriff's office.</p>
<p>2. Bedminster Township Police Department 55 Miller Lane, Bedminster, NJ 07921 (908) 234-0585</p>	<p>Walk into police station and Drop Box is to the right of the door</p>
<p>3. Bernards Township Police Department 1 Collyer Lane, Basking Ridge, NJ 07920 (908) 766-1122</p>	<p>Go through the police department visitor entrance. When you enter, the Drop Box will be straight ahead.</p>
<p>4. Bound Brook Police Department 226 Hamilton Street, Bound Brook, NJ 08805 (732) 356-0800</p>	<p>Municipal building entrance, walk down the hall to the police department and the Drop Box is straight ahead.</p> <p>The medicine rx drop box is located inside the building next to the Police Dispatch window.</p>
<p>5. Branchburg Police Department 590 Old York Road, Branchburg, NJ 08876 (908) 526-3830</p>	
<p>6. Bridgewater Township Police Department 100 Commons Way Bridgewater, NJ 08807 (908) 526-3830</p>	<p>Have to park at the administration/courtside and walk around to the police entrance. Drop Box immediately inside the door.</p>
<p>7. Far Hills Police Department 6 Prospect Street, Far Hills, NJ 07931 (908) 234-0611</p>	<p>Walk through the police entrance, turn immediately right into the entry of the police department and Drop Box is straight ahead.</p>
<p>8. Franklin Police Department / Public Safety Building 495 DeMott Lane, Somerset, NJ 08873 (732) 873-2300</p>	<p>Inside the entrance to the Public Safety Building (rear of Municipal Complex). Drop Box to the right of the door. Parking available at the library across the street.</p>

<p>9. Green Brook Police Department  111 Greenbrook Road,  Green Brook, NJ 08812  (908) 369-4323</p>	
<p>10. Hillsborough Police Department  379 South Branch Road,  Hillsborough Township, NJ 08844  (732) 968-1188</p>	<p>Located inside the Hillsborough Township Police Department.</p>
<p>11. Manville Police Department  2 N. Main St, Manville, NJ 08835  (908) 725-1900</p>	<p>Located inside the Police Department</p>
<p>12. Montgomery Police Department  100 Community Drive  Skillman, NJ 08558</p>	<p>Walk into the Municipal building and Dropbox is located on the right side outside the Montgomery Police Department</p>
<p>13. North Plainfield Police Department  263 Somerset Street, Plainfield, NJ 07060  (908) 769-2937</p>	<p>Located inside the Police department</p>
<p>14. Peapack &amp; Gladstone Borough Police Department  1 School Street, PO Box 218, Peapack, NJ 07977  (908) 234-0626</p>	<p>Walk into the Municipal Complex Building and straight ahead through the doors</p>
<p>15. Raritan Borough Police Department  20 First Street, Raritan, NJ 08869  (908) 725-6700</p>	<p>Side door that says "Raritan Police Department". Go upstairs and through the door, Drop Box is right inside the entryway when you walk in.</p>
<p>16. Somerville Police Department  24 South Bridge St, Somerville, NJ 08876  (908) 725-0331</p>	
<p>17. South Bound Brook Police Department  12 South Main Street, South Bound Brook, NJ 08880  (732) 356-0087</p>	<p>Drop Box is right in front of the door</p>
<p>18. Warren Township Police Department  44 Mountain Boulevard, Warren, NJ 07059  (908) 753-1000</p>	<p>Enter the Town Hall building. Head downstairs past the elevators and enter the door that says Warren Police Department. To the left of the door when walking in.</p>



## Is your life fading away from addiction to heroin or prescription painkillers?

Are you worried about a loved one?

Call us for help.

855-652-3737 (TTY:877-294-4356)  
or Email us at: [njconnect@mhanj.org](mailto:njconnect@mhanj.org)

NJ Connect for Recovery is a call line dedicated to providing counseling specifically to individuals and families coping with addiction to heroin and prescription painkillers. People calling on behalf of themselves have access to a Certified Alcohol and Drug Counselor. Those calling on behalf of a family member or friend are connected to a Peer Specialist who understands the unique and complex effect of addiction on personal relationships.

- Nonjudgmental support
- Immediate and ongoing assistance
- Certified Alcohol and Drug Counselors
- Peer Specialists who understand the effects of addiction on the family
- Multilingual service available
- Calls answered weekdays noon to 8 p.m., messages left during off hours returned next business day
- Referrals for treatment and community resources

Learn more by scanning this QR code  
or logging onto [njconnectforrecovery.org](http://njconnectforrecovery.org)



**Instructions for Use  
NARCAN (nar' kan)  
(naloxone hydrochloride)  
Nasal Spray**

You and your family members or caregivers should read the Instructions for Use that comes with NARCAN Nasal Spray before using it. Talk to your healthcare provider if you and your family members or caregivers have any questions about the use of NARCAN Nasal Spray.

**Use NARCAN Nasal Spray for known or suspected opioid overdose in adults and children.**

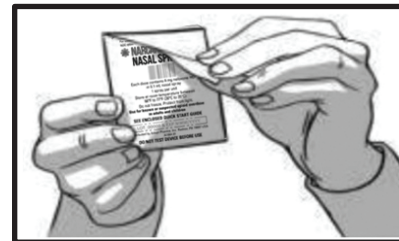
**Important: For use in the nose only.**

- **Do not remove or test the NARCAN Nasal Spray until ready to use.**
- **Each NARCAN Nasal Spray has 1 dose and cannot be reused.**
- **You do not need to prime NARCAN Nasal Spray.**

**How to use NARCAN Nasal Spray:**

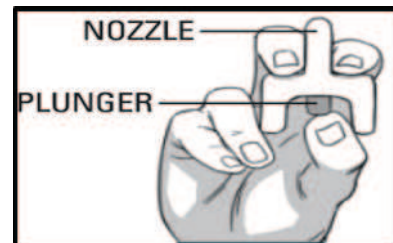
**Step 1.** Lay the person on their back to receive a dose of NARCAN Nasal Spray.

**Step 2.** Remove NARCAN Nasal Spray from the box.  
Peel back the tab with the circle to open the NARCAN Nasal Spray.



**Note:** NARCAN Nasal Spray freezes at temperatures below 5°F (-15°C). If this happens, the device will not spray. Get emergency medical help right away if this happens. Do not wait for NARCAN Nasal Spray to thaw. NARCAN Nasal Spray may still be used if it has been thawed after being previously frozen.

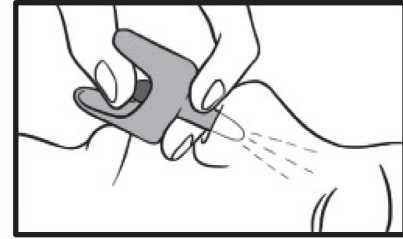
**Step 3.** Hold the NARCAN Nasal Spray with your thumb on the bottom of the red plunger and your first and middle fingers on either side of the nozzle.



**Step 4.** Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril** until your fingers on either side of the nozzle are against the bottom of the person's nose.



**Step 5.** Press the red plunger firmly to give the dose of NARCAN Nasal Spray.

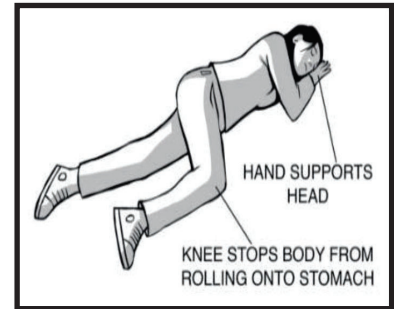


**Step 6.** Remove the NARCAN Nasal Spray from the nostril after giving the dose.

**What to do after NARCAN Nasal Spray has been used:**

**Step 7. Get emergency medical help right away.**

- Move the person on their side (recovery position) after giving NARCAN Nasal Spray.
- Watch the person closely.
- If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.
- Repeat **Steps 2 through 6** using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, Steps 2 through 6 may be repeated every 2 to 3 minutes until the person responds or emergency medical help is received.



**Step 8.** Put the used NARCAN Nasal Spray back into its box.

**Step 9.** Throw away (dispose of) the used NARCAN Nasal Spray in a place that is away from children.

**How should I store NARCAN Nasal Spray?**

- Store below 77°F (25°C).
- Excursions permitted up to 104°F (40°C).
- Do not freeze or expose to excessive heat above 104°F (40°C).
- Keep NARCAN Nasal Spray in the box until ready to use. Protect from light.
- Replace NARCAN Nasal Spray before the expiration date on the box.

**Keep NARCAN Nasal Spray and all medicines out of the reach of children.**

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

Distributed by Adapt Pharma, Inc. Plymouth Meeting, PA 19462 USA.

For more information, go to [www.narcannasalspray.com](http://www.narcannasalspray.com) or call 1-844-4NARCAN (1-844-462-7226).

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